

## **The Importance of Spiritual Cleansings**

I want to take a few minutes to talk about spiritual cleansing. It is as important for us to be spiritually clean as it is to be physically clean. Over time, our own negative thoughts and those of others, the drudgery of day to day life, and in extreme cases the evil eye and other curses can build up and cause us to feel unhappy, lethargic, physically ill and have all sorts of bad luck and misfortune in life. A lot of times I read for people who are unhappy, have bad luck in love and finances and nothing seems to go their way. Ninety-nine percent of the time this is due to the fact that they are bogged down by an accumulative psychic sludge. That is why it is necessary to perform a spiritual cleansing at least once every three or four months in order for good energy to flow properly and for good things to manifest themselves in your life.

Many cultures and religions throughout the world perform ritual cleansing on a regular basis. Catholics bless themselves with holy water before entering a church, Muslims perform wudu, a special washing before prayer and practitioners of Voodoo and Santeria often take special herbal baths. Performing a spiritual cleansing is quite simple and can be done in a number of ways. The simplest is to add a handful of salt to your bath water, preferably sea salt or kosher salt, although table salt will do. You can also stand in the shower and scrub yourself from head to toe with handfuls of salt and then wash it off. While you bathe or shower with salt, simply say your own prayer and ask for all negativity to be removed from your life, that all evil spirits be detached from you and all curses or hexes be broken. Then after your bath, it is advisable to light a white candle and ask your spirits and angels to protect you and bless you with good luck. I also advise my clients to get some holy water from a church and bless themselves with it each night for ongoing cleansing and protection. Try this simple cleansing and you will be amazed with the results!

If you find yourself in a particularly bad spiritual situation such as being under psychic attack by a living or incorporeal psychic vampire or having become the victim of a particularly powerful curse, please contact me and I will perform a strong cleansing for you. As a Voodoo priest, I am able to perform a special type of cleansing that lasts nine days, the first three of which I work in a church invoking my saints and spirits and the last six I work from home burning incense and using holy water and herbs to rid you of negativity, permanently chase away all ghosts or psychic vampires that may be haunting you and break all curses or work that may have been done against you. Also, I will place added protection on you to keep you from falling victim to future curses or psychic attacks.

So if you are interested in having me perform a spiritual cleansing or if you have any questions, please do not hesitate to contact me. I thank you for taking the time to visit my web site. As always, I wish you peace, happiness and success!

James Duvalier